

Spring House Care Home Events Calendar



December 2019	Activities and Events for Residents		
	Late Morning	Afternoon	
Sun 1st	Rise and Shine + Newsround	Manicures	Afternoon Film
Mon 2nd	Rise and Shine + Newsround	Cooking with Residents	
Tues 3rd	Interactive Reading	Armchair Exercises	Dominos
Wed 4th	Rise and Shine + Newsround	Musical Bingo	Music
Thurs 5th	Rise and Shine + Newsround	Snakes and Ladders	Carpet Bowls
Fri 6th	Rise and Shine + Newsround	Christmas Arts and Craft	
Sat 7th	Rise and Shine + Newsround	White Board Fun	Manicures
Sun 8th	Rise and Shine + Newsround	Manicures	Afternoon Film
Mon 9th	Rise and Shine + Newsround	Making Xmas Biscuits	Decorating Xmas Tree
Tues 10th	Interactive Reading	Spring House Christmas Party with Brian Burley	
Wed 11th	Rise and Shine + Newsround	Reminiscing	Carpet Bowls
Thurs 12th	Rise and Shine + Newsround	Dominos / Games	Knitting
Fri 13th	Rise and Shine + Newsround	Trip to Tavistock making Mince Pies and to see Xmas Lights	
Sat 14th	Rise and Shine + Newsround	Manicures	White Board Fun
Sun 15th	Rise and Shine + Newsround	Afternoon Film	Manicures
Mon 16th	Rise and Shine + Newsround	Trip to Peter Tavy Inn or Special Xmas Lunch at Spring House	
Tues 17th	Interactive Reading	Armchair Exercises	Sing a Long
Wed 18th	Rise and Shine + Newsround	White Board Fun	Reminiscing
Thurs 19th	Rise and Shine + Newsround	Musical Bingo	Music
Fri 20th	Rise and Shine + Newsround	Scrabble	Colouring
Sat 21st	Rise and Shine + Newsround	Xmas Panto	White Board Fun
Sun 22nd	Rise and Shine + Newsround	Afternoon Film	Manicures
Mon 23rd	Rise and Shine + Newsround	Making Xmas Biscuits	Carol Singing with Hazel
Tues 24th	Rise and Shine + Newsround	Armchair Exercises	Afternoon Film
Wed 25th	Rise and Shine + Newsround	present opening	Family Visiting
Thurs 26th	Rise and Shine + Newsround	Afternoon Film	Family Visiting
Fri 27th	Rise and Shine + Newsround	Puzzles	Snakes and Ladders
Sat 28th	Rise and Shine + Newsround	Manicures	Reminiscing
Sun 29th	Rise and Shine + Newsround	Afternoon Film	Manicures
Mon 30th	Rise and Shine + Newsround	Cooking with Residents	
Tues 31st	Rise and Shine + Newsround	White Board Fun	Music

